



# BISTAIRS - PROJECT OVERVIEW

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## Key specifications of the BISTAIRS project

Key specification	
Priority area	Actions under the second objective "Promote health"
Action	Addressing health determinants to promote and improve physical & mental health & taking action on key factors such as nutrition & physical activity, tobacco, & alcohol
Sub-action	Good practice on brief interventions to address alcohol use disorders in primary health care, workplace health services, emergency care and social services



# BISTAIRS – Fact sheet

Key specification	
Project title	Brief interventions in the treatment of alcohol use disorders in relevant settings
Acronym	BISTAIRS
Main partner	CIAR, UKE Hamburg University
Associated partners	6
Starting time	01.05.2012
Ending time	30.04.2015



## Project partners

Partner		Function
University of Hamburg (CIAR)	Hamburg (GER)	Work package leader WP 1,2,4 National field test coordinator
University of Newcastle upon Tyne (UNEW)	Newcastle (UK)	Work package leader WP 3,5
Fundacio Clinic per al la Recerca Biomedica (FCRB)	Barcelona (ES)	Work package leader WP 6
Isituto Superiore Di Santa (ISS)	Rome (IT)	Work package leader WP 7 National field test coordinator
Generalitat de Catalunya (GENCAT)	Barcelona (ES)	National field test coordinator
National Institute of Public Health (NIPH)	Prague (CR)	National field test coordinator
Institute on Drugs and Drug Addiction (IDT)	Lisbon (PT)	National field test coordinator



## Collaborating project partners

Partner	
Primary Health Care European Project	PHEPA
European Alcohol Policy Research Alliance Network	AMPHORA
International Network on Brief Interventions for Alcohol Problems	INEBRIA
European Workplace Alcohol Network	EWA
Hannover Medical School Department of Psychiatry (GER)	MHH
Central Institute for Mental health, Mannheim (GER)	CI



# PROBLEM ANALYSIS

- EU: one of the heaviest alcohol drinking regions worldwide
- High social, medical & economical costs of harmful drinking; emerge both on an individual and societal level
- BI: most effective in the management of alcohol consumption for non treatment-seeking harmful drinkers
- To date, most evidence of BI has been gathered in PHC
- WHO/NICE: extension of BI implementation in settings beyond PHC:
  - workplace health services
  - emergency care
  - social services



## General objective - BISTAIRS aims ...

- to foster BI implementation in relevant settings
- to provide a substantial contribution to the EU strategy to reduce alcohol related harm
- to increase the impact of secondary alcohol prevention in the EU
- to contribute to a reduction of the negative social consequences of harmful alcohol consumption in the EU
- to decrease the EU wide identified attributable health risks, i.e early death, illness, alcohol related accidents and violence.
- to contribute to the reduction of the tangible costs of alcohol related harm



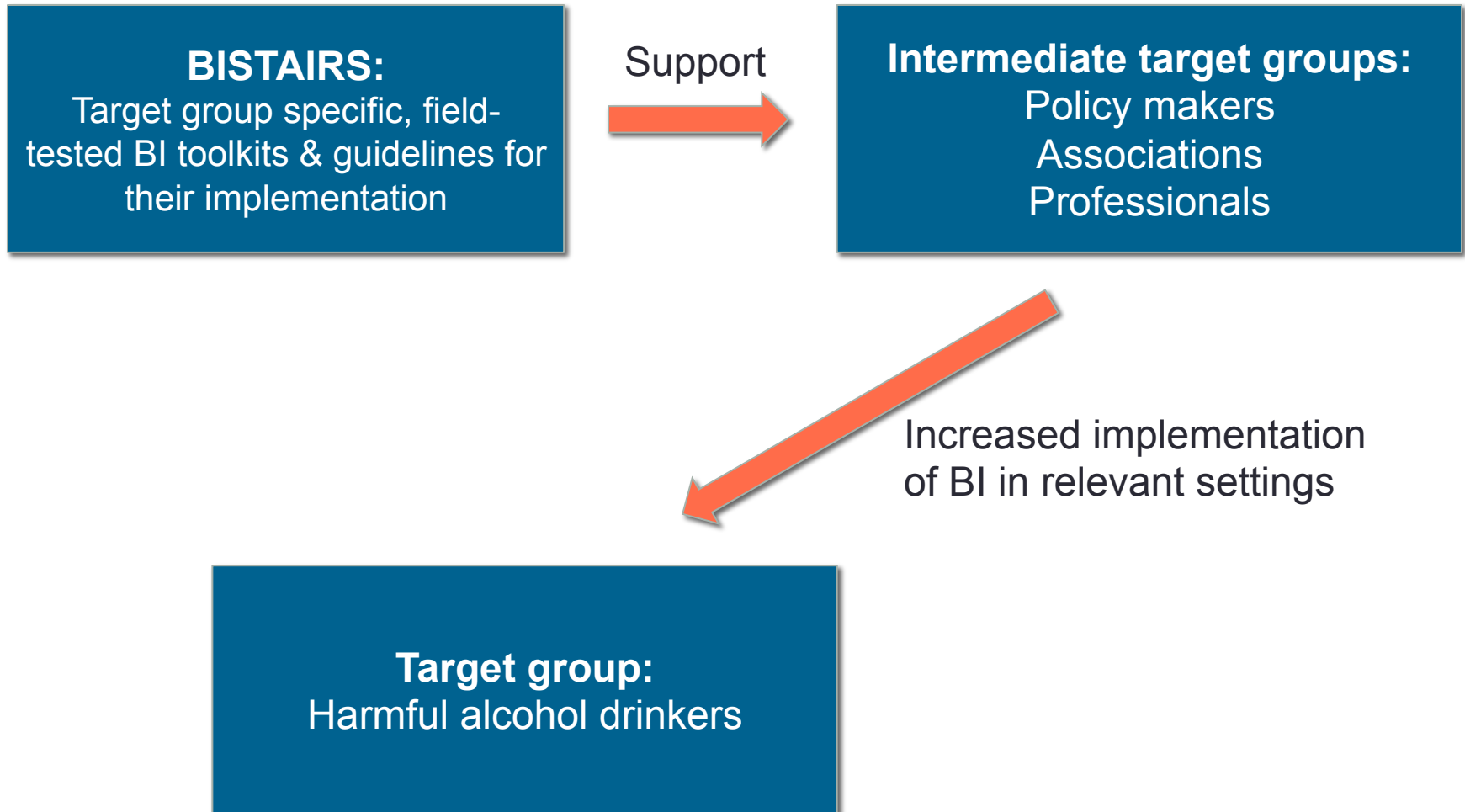
## Specific objectives

Title	Description
Good practice of BI	Identification & assessment of BI in different settings
Development & field test of BI toolkits	Tailored BI packages (tools, methods, materials) for each setting will be field tested in five EU MS
Guidelines for tailored BI approaches	Guidelines for the development of BI approaches for different settings and their widespread implementation in the EU
Dissemination of toolkits & guidelines	Dissemination of set of tailored toolkits, guidelines, training manuals and further documents in order to initiate a widespread implementation of adapted BI approaches in the EU





# Target groups





## Methods & means

Phase I:  
Secondary analyses & Identification of good practice

Phase II:  
Scientific board meeting I & Field tests

Phase III:  
Guideline preparation & Scientific board meeting II

Phase IV: Dissemination



# Workpackages

## Horizontal WPs

- WP1 Project coordination
- WP2 Dissemination
- WP3 Project evaluation

## Core WPs

- WP4 Status quo
- WP5 Models of good practice
- WP6 Tailoring & Field test
- WP7 Guidelines